

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Weights 4:30-5:30	2 Weights Noon-1
3 Weights 4:30-5:30	4 Weights 4:30-5:30	5 Weights 4:30-5:30	6 Weights 4:30-5:30	7 Weights 4:30-5:30	8 Weights 4:30-5:30	9 Weights Noon-1
10 Weights 4:30-5:30	11 Weights 4:30-5:30	12 Weights 4:30-5:30	13 Weights 4:30-5:30	14 Weights 4:30-5:30	15 Weights 4:30-5:30	16 Weights Noon-1
17 Weights 4:30-5:30	18 Weights 4:30-5:30	19 Weights 4:30-5:30	20 Weights 4:30-5:30	21 Weights 4:30-5:30	22 Weights 4:30-5:30	23 Weights Noon-1
24 Weights 4:30-5:30	25 Weights 4:30-5:30	26 Weights 4:30-5:30	27 Weights 4:30-5:30	28 Weights 4:30-5:30	29 Weights 4:30-5:30	30 Weights Noon-1
31						

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY	2 3 Man Skill Work 6-8	3 Lifting/Conditioning 3:30-5	4 3 Man Skill Work 6-8	5 Lifting/Conditioning 3:30-5	6 3 Man Skill Work 8AM- 9AM Lifting 9-10
7 Open Gym 6PM- 7PM	8 Lifting/Conditioning 3:30-5	9 Off	10 Lifting/Conditioning 3:30-5	11 3 Man Skill Work 6-8	12 Lifting/Conditioning 3:30-5	13 3 Man Skill Work 8AM- 9AM Lifting 9-10
14 Open Gym 6PM- 7PM	15 Lifting/Conditioning 3:30-5	16 3 Man Skill Work 6-8	17 Lifting/Conditioning 3:30-5	18 Off	19 Lifting/Conditioning 3:30-5	20 Lifting 9-10
21 Open Gym 6PM- 7PM	22 Lifting/Conditioning 3:30-5	23 3 Man Skill Work 6-8	24 Lifting/Conditioning 3:30-5	25 Off	26 Lifting/Conditioning 3:30-5	27 Lifting 9-10
28	29 Lifting/Conditioning 3:30-5	30 3 Man Skill Work 6-8				

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lifting/Conditioning 3:30-5	2 3 Man Skill Work 6-8	3 Lifting/Conditioning 3:30-5	4 3 Man Skill Work 8AM- 9AM Lifting 9-10
5 Open Gym 6PM- 7PM	6 Lifting/Conditioning 3:30-5	7 Off	8 Lifting/Conditioning 3:30-5	9 3 Man Skill Work 6-8	10 Lifting/Conditioning 3:30-5	11 3 Man Skill Work 8AM- 9AM Lifting 9-10
12	13 Lifting/Conditioning 3:30-5	14 3 Man Skill Work 6-8	15 Lifting/Conditioning 3:30-5	16 3 Man Skill Work 6-8	17 Lifting/Conditioning 3:30-5	18 3 Man Skill Work 8AM- 9AM Lifting 9-10
19	20 Lifting/Conditioning 3:30-5	21 3 Man Skill Work 6-8	22 Lifting/Conditioning 3:30-5	23 3 Man Skill Work 6-8	24 Lifting/Conditioning 3:30-5	25 3 Man Skill Work 8AM- 9AM Lifting 9-10
26	27 Lifting/Conditioning 3:30-5	28 3 Man Skill Work 6-8	29 Lifting/Conditioning 3:30-5	30 3 Man Skill Work 6-8	31 Lifting/Conditioning 3:30-5	

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 First Practices 8AM-10AM/12-1
2	3 Lifting 3:30PM-4:30 Practice 6PM-8	4 Practice 6PM-8	5 Lifting 3:30PM-4:30 Practice 5:30PM-7:30	6 Practice 6:00PM-8:00	7 Practice 6PM-8	8 Scrimmage @ Troy Christian/Indian Lake 9AM-12
9	10 Scrimmage Miami East 6PM- 8PM	11 Practice 6PM-8	12 Lifting 3:30PM-4:30 Practice 5:30PM-7:30PM	13 Practice 6:00PM-8	14 Practice 6PM-8	15 Scrimmage Arcanum/Piqua 10AM-1PM
16	17 Lifting 3:30PM-4:30 Practice 6PM-8	18 Practice 6PM-8	19 Lifting 3:30PM-4:30 Practice 5:30PM-7:30	20 Practice 6:00PM-8	21 Scrimmage @ Urbana 6PM Cedarville	22 Practice 8AM-10AM
23	24 Lifting 3:30PM-4:30 Practice 6PM-8	25 Practice 5:45AM-7:15	26 Lifting 3:30PM-4:30 Practice 5:30PM-7:30	27 Thanksgiving	28 Walk-Thru 8AM-9AM Home Game 6:00 Russia	29 Walk-Thru 8AM-9AM Home Game 5:00 Miss Valley
30						

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lifting 3:30PM-4:30 Practice 6:00PM-8	2 Practice 6PM-8	3 Lifting 3:30PM-4:30 Practice 5:30PM-7:30	4 Practice 5:45AM-7:15	5 Away Game 6:00 Houston	6 Film 8AM-10AM
7 8 Lifting 3:30PM-4:30 Practice 6PM-8		9 Film 4:30PM-5:30 Practice 6PM-8	10 Lifting 3:30PM-4:30 Practice 5:30PM-7:30	11 Practice 5:45AM-7:15	12 Home Game 6:00 Botkins Homecoming	13 Film 8AM-10AM
14 15 Practice 3:30PM-5:00		16 Film 4:30PM-5:30 Practice 6PM-8	17 Lifting 3:30-4:30 Practice 5:30PM-7:30PM	18 Practice 5:45AM-7:15 Lifting 3:30PM-4:30	19 Away Game 6:00 Ft Loramie	20 Film 8AM-9AM Walk Thru 9AM-10 Home Game 6:00 Calvary Christian
21 22 Practice 3:30PM-5:00		23 Lift 4:30PM-5:30 Practice 6PM-8	24 OFF	25 Christmas	26 Lift 3:30-4:30 Film 4:30-5:30 Practice 6PM-8	27 Home Game 5:00 National Trail
28 Film 2PM-3 Walk Thru 3PM-4	29 Away Game 6:00 Tri-County North	30 Lifting 3:30PM-4:30 Practice 6PM-8	31 Lifting 3:30-4:30 Practice 4:30-6:30			

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Years Day	2 Film 4-5 Practice 5:30PM-7:00	3 Away Game 5:00 Jackson Center
4	5 Lifting 3:30-4:30 Film 4:30-5:30 Practice 6PM-7:30	6 Home Game 6:00 Middletown Christian	7 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	8 Practice 5:45AM-7:15 Film 3:30-4:30	9 Away Game 6:00 Russia	10 Film 8AM-9AM Walk Thru 9AM-10 Away Game 6:00 Covington
11	12 Lifting 3:30PM-4:30 Film 4:30-5:40 Practice 6PM-7:30	13 Home Game 6:00 Anna	14 Film 3:30-4:30 Practice 5:30PM-7:00PM	15 Practice 5:45AM-7:15 Lifting	16 Home Game 6:00 Houston	17 Film 8AM-9AM Walk Thru 9AM-10 Home Game 5:00 Newton
18	19 Lifting 3:30PM-4:30 Practice 6PM-7:30	20 Practice 5:45AM-7:15 Film 4PM-5PM	21 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	22 Practice 5:45AM-7:15	23 Away Game 6:00 Botkins	24
25	26 Lifting 3:30PM-4:30 Practice 6PM-7:30	27 Film 4:30-5:30 Practice 6PM-7:30	28 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	29 Practice 5:45AM-7:15	30 Home Game 6:00 Ft Loramie	31 Film 8AM-9AM Walk Thru 9AM-10 Home Game 5:00 Riverside

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Lifting 3:30PM-4:30 Film 4:30-5:30 Practice 6PM-7:30	3 Away Game 6:00 Bradford	4 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	5 Practice 5:45AM-7:15 Film 4-5	6 Away Game 6:00 Anna	7 Film 8AM-9AM Walk Thru 9AM-10 Away Game 6:00 Ansonia
8	9 Lifting 3:30PM-4:30 Film 4:30-5:30 Practice 6PM-7:30	10 Practice 5:30-7	11 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	12 Film 4-5 Practice 5:30-7	13 Home Game 6:00 Jackson Center	14 Film 8AM-9AM Practice 9AM-10:30
15	15 Lifting 3:30PM-4:30 Film 4:30-5:30 Practice 6PM-7:30	17 Film 4:30-5:30 Practice 6PM-7:30	18 Lifting 3:30-4:30 Practice 5:30PM-7:00PM	19 Film 4-5 Practice 5:30-7	20 Practice 5:30PM-7	21